

JUST1

SCHOOL OF JIU-JITSU

MORN/NOON	MON	TUE	WED	THU	FRI	MORNING	SAT	SUN
06:30-7:30AM	BJJ GI		BJJ GI			09:30-10:15AM	KIDS BJJ (4-7yo)	
12:00-13:00PM		BJJ GI		BJJ GI		10:15-11:00AM	KIDS BJJ (8-15yo)	
16:30-17:15PM		KIDS BJJ (4-7yo)				11:00-12:00AM	BJJ WOMEN	
17:15-18:00PM	KIDS BJJ (13-15yo)	KIDS BJJ (8-12yo)	KIDS BJJ (13-15yo)			NOON		
						12:00-13:00PM	BJJ OPEN MAT	
EVENING								
18:00-18:45PM	KIDS BJJ All Ages	BJJ WOMEN	KIDS BJJ All Ages	KIDS BJJ All Ages				
19:00-20:00PM	BJJ GI	BJJ COMPETITION	BJJ NO-GI	BJJ FUNDAMENTALS				



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6/85 TRIHOLM AVE
LAVERTON